Spot the signs: do the FAST test

Rebuilding lives after stroke

Stroke Association

Face

Can the young person smile? Has their face fallen on one side?

Arms

Can they raise both arms and keep them there?

Speech

Can they understand what you say? Is their speech slurred?

Time

If you spot any of these signs in a baby, child or young person, don't wait. Call 999 straight away.

Even if the symptoms seem to pass, you should call 999 as it could be a transient ischaemic attack (TIA or mini-stroke).

Other signs of childhood stroke may include:

- sudden, severe headache
- seizures (fits) or losing consciousness
- dizziness or a sudden fall
- neck pain or stiffness
- vomiting and sleepiness
- sudden blurred vision or sight loss
- pins and needles, weakness or numbness on one side of the body
- fever and nausea can also be present with a stroke.

Email: **services@stroke.org.uk**
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